To Law Enforcement Officers,

The planning for the 2023 BC Ride to Remember is well underway. If you have not heard of the Ride to Remember, here is a quick background as to what it is; In late September 2000 a small group of Niagara Regional police officers quietly departed their hometown on bicycles on a three-day trek to Parliament Hill in Ottawa, in order to raise awareness and funds for the National Police and Peace Officers' Memorial. In 2011, a partnership was formed with the Run to Remember, which saw the two events arriving on Parliament Hill together as one, with a common vision and goal. Since then, the Ride to Remember has grown to a four-day, 700km journey from the Ontario Police College in Aylmer and includes 170 cyclists from over 21 Law Enforcement Agencies from across Canada.

Starting in 2014, BC has hosted an annual 100 km Ride event in Victoria, prior to the commencement of the BC Law Enforcement Memorial (BCLEM). In 2019, with inspiration from the National Ride to Remember, the BC Ride to Remember expanded to a 3-day 400+ km journey, encompassing the Greater Vancouver area, Fraser Valley, and Greater Victoria area ending at The Bastion in the Garden of Honour behind the BC Legislature.

This year we are again looking to identify strong cyclists physically willing and able to embark on this fantastic journey. The dates for the 2023 ride are September 21, 22,23 with the Memorial Service occurring on the 24<sup>th</sup> (last Sunday in September).

The following are some minimum requirements to participate in the ride:

- 1. Own or have access to a quality, well maintained road bike.
- 2. Able to ride over 100 kms a day for 3 days straight.
- 3. Able to maintain a speed of 30 km/h while Riding in a Peloton.
- 4. Previous experience or good understanding of how to ride in a group (Peloton).
- 5. Strong PMA (Positive Mental Attitude)

Det. Daryl Young and Sgt. Mike Hanninen, of Abbotsford Police Department, are planning a Run to Remember which will also arrive at the BCLEM with the Ride to Remember. Together, the Ride and Run to Remember are hoping to create a local legacy that will support and bring public attention to the BCLEM, and our fallen officers. Hopefully one day this will be as impressive as the Ontario Ride to Remember.

Registration cost: \$120 due at time of registration and is non-refundable.

Please email your interest to Kevin.Small@abbypd.ca and a registration form will be emailed to you.

Thank you,

Kevin Small Abbotsford Police Department